

Explore more at [WatersetFL.com](http://WatersetFL.com)



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# Run, Relax, Explore

## North Lake Trail 0.7 mi

Relax on a daily basis with a stroll around the beautiful .7-mile North Lake Trail.

## Get Fit Trail 2.5 mi

Take your workout outside along this 5-station, 2.5-mile long 'Fit Trail'.

\*Do both! Complete the Get Fit Trail and the North Lake Trail for a total of 3.2 miles.

## The Lakeside Trail 1.0 mi

Take in dazzling views of the water while walking or running the Lakeside Trail.

## The Waterset Trail 1.5 mi

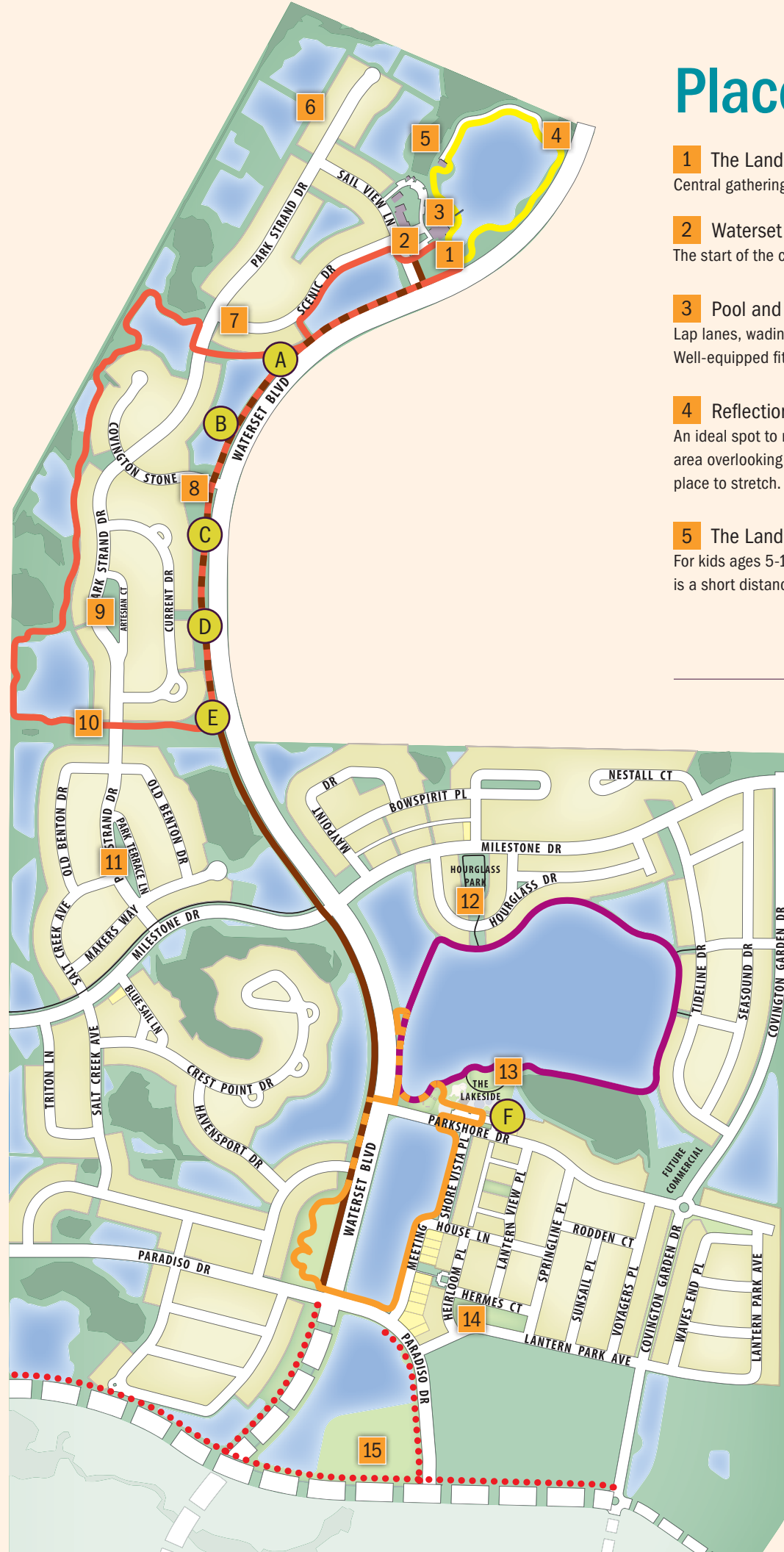
Begin at The Landing and head south on Waterset Blvd. to Paradise Dr. Once completed, head back to The Landing and you've accomplished a 3 mile trek.

## The Meeting House Trail 1.0 mi

Start at The Lakeside, cross at the trail crossing, head south on Waterset Blvd. to Paradise Dr. and then curve down "model row" for a nice walk around the lake.

## Future Trails

Map and/or illustrations are not to scale. This community map and illustrations for illustration purposes only, based upon current development concepts, which are subject to change without notice. No guarantee is made the features depicted will be built, or, if built, will be as depicted. 3/16



# Places to Gather, Grow & Play Games

**1 The Landing Club and Café**  
Central gathering place with a community café.

**2 Waterset Trailhead**  
The start of the community trail system.

**3 Pool and Fitness Center**  
Lap lanes, wading deck, and sprayers; Well-equipped fitness center.

**4 Reflections Overlook**  
An ideal spot to reflect with a big grassy area overlooking a pond and a great place to stretch.

**5 The Landing Playground**  
For kids ages 5-12, this playground is a short distance from The Landing.

**6 Ponder Point**  
Overlooking a pond, this is a tranquil spot to relax & reflect.

**7 Crape Myrtle Park**  
Full of Crape Myrtles, this green park is located just off the Get Fit Trail.

**8 Moongate Park**  
An iconic iron sculpture inspires runners and walkers along the trail.

**9 Coqui Park**  
A playground and park with a 4-square court and hopscotch designed for the younger kiddos.

**10 Catch Your Breath Rest Area**  
A great place to relax and catch your breath with beautiful lake views.

**11 Park Terrace Park**  
A passive park with open play fields – don't miss the big red flower pot.

**12 Hourglass Park**  
A great place to stop after walking The Lakeside Trail. The sound of the fountain will make it easy to relax!

**13 The Lakeside Park/Complex**  
So many options – walk the trail, use the fit stations, cool off in the splash park, or take the dogs to the dog park!

**14 Lantern Park**  
Be sure to stop and check out the butterfly garden while you're out and about! You may find a rare butterfly species!

**15 Future Waterset Club**  
*Coming 2017*

# The Waterset Workout!

**FIT TRAIL** Take your workout outdoors with our four-acre linear park with 6 outdoor fit stations along the way.

**A Stretch**  
A thigh stretch, hamstring stretch, and calf stretch.



**B Twister**  
For core flexibility and balance.



**C Bar**  
Increase upper-body and core strength.



**D Sit Up**  
Strengthen the abdominal muscles.



**E Pull Up**  
Increase upper-body strength.



**F Lakeside Multi Stations**  
Air Walker · Combination Unit  
Leg Press · Back · Chest



Download the Norwell Fitness App  
Follow along with your own Fit Trail App for full instructions and tips.

