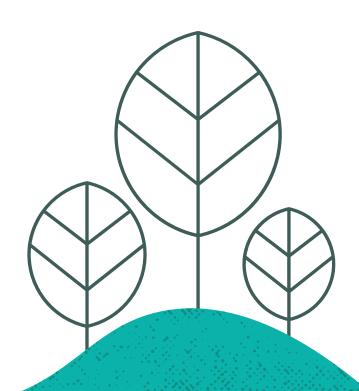
## 9 SAFE HIKING GUIDELINES

**DURING A PANDEMIC** 

- Hold-off on any trails activity if not feeling well
- 2. Follow local government guidelines for trail usage, masks, etc.
- Minimize stops for gas, snacks, restroom breaks, etc., to limit contact
- 4. Avoid potential virus spread to different communities by hiking local trails
- 5. Do not carpool to a destination unless with members of your household

- 6. Only socialize (hike/picnic/camp) with members of your household
- 7. Minimize exposure to crowds and maintain social distancing
- Get a trail map and be prepared with plenty of water
- 9. Follow safe hiking practices as noted by the American Hiking Society



WATERSET®

BY

NEWLAND

WATERSETFL.COM