

# mornings

## FRESH BREAKFAST

### Classic Breakfast 5.00

Scrambled Egg, Bacon, Toast

### Breakfast Croissant or Flatbread 6.00

Scrambled Egg, Bacon, Cheddar Cheese, Avocado

### Southwestern Scramble 8.00

Scrambled Egg, Grilled Chicken, Black Bean and Corn Relish, Pico de Gallo, Avocado, Cilantro.

*Served with sour cream*

### Avocado Toast

**Plain 4.00**

**Southwestern 6.00**

Fresh Avocado, Diced Tomato, Red Onion, Black Bean & Corn Relish, Topped with Cilantro & Chipotle Ranch Dressing

## FRESH BAKED SIDES

**Muffin 2.75**

**Croissant 2.75**

**Cookie 2.75**

*Breakfast served  
7am - 11am every day*

# lunch & dinner

## SALADS

**Dressing Choices: Ranch, Thousand Island, Bleu Cheese, Greek, Balsamic**

### Chef 8.00

Turkey, Ham, Bacon, Egg, Cheese, Tomato, Red Onion & Choice of Dressing

### House 7.00

Tomato, Cucumber, Shredded Cheese, Red Onion and Choice of Dressing

*Add Chicken to any Salad 2.00*

*Add Hardboiled Egg to any Salad 1.00*

## FLATBREADS

**Choose Personal or Sharable**

**Grilled Chicken Philly 5.00 | 9.00**

**Chicken, Bacon and Avocado 5.00 | 9.00**

**Southwestern 5.00 | 9.00**

**3 Grilled Cheese  4.00 | 7.50**

*Add toppings as desired:*

*Chicken 2.00, Bacon 2.00, Avocado 1.00*

## SANDWICHES & WRAPS

**Served on your choice of white bread, wheat bread, spinach tortilla, or flour tortilla. Fully dressed with lettuce, tomato, and onion.**

**Ham and Swiss 7.50**

**Turkey, Bacon, and Cheddar 8.50**

**Chicken Salad 8.50**

**Club 7.50**

*Ham, Turkey, Bacon, & American Cheese*

**Cuban 9.75**

*Add toppings as desired:*

*Chicken 2.00, Bacon 2.00, Avocado 1.00*

*All sandwiches and wraps served with your choice of chips or potato salad*

## POWER BOWLS

**Southwest Bowl  7.50**

Organic Quinoa, Avocado, Black Bean and Corn Relish, Pico de Gallo, Shredded Cheese & Cilantro. Served with Sour Cream and Salsa.

*Add Chicken for 2.00.*

 Denotes vegetarian option